

CANDIDATE PHYSICAL ABILITY TEST REHABILITATION FORM

It is normal to feel tired after the performance test. There are some signs that may mean that the exertion is causing more serious problems. If any of the following signs or symptoms occur, you should call your physician or the local Emergency Services.

- ◆ Nausea, vomiting, dizziness, or headache lasting more than a few hours
- ◆ Extreme weakness
- ◆ Fever
- ◆ Confusion
- ◆ Generalized muscle aching lasting more than one day
- ◆ Dark urine or very little urine

LAST NAME (please print)

FIRST NAME

MI

SIGNATURE

DATE

SOCIAL SECURITY/INSURANCE NUMBER

TIME IN: _____

TIME OUT: _____